

Health advice on using drinking fountains

It is important to keep the mouthpiece and protective guard of drinking fountains free from contamination with oral and respiratory secretions. The following hygiene advice is recommended on the use of drinking fountains.

- 1) Avoid contact with the mouthpiece and protective guard of the drinking fountain when drinking directly from it.
- 2) Young children should preferably use a container to collect water from the fountain for drinking, and not drink directly from the fountain.
- 3) People who are suffering from an acute respiratory illness should avoid drinking directly from drinking fountains.
- 4) Do not contaminate the drinking fountain, for example, by spitting or using it to wash hands.

使用噴射式飲水器的衛生建議

保持噴射式飲水器的噴水口及防護裝置免被口腔及呼吸道分泌物污染，至為重要。

當使用噴射式飲水器時，請採取以下衛生建議：

- 1) 當使用噴射式飲水器飲用食水時，應避免接觸飲水器的噴水口及防護裝置。
- 2) 幼兒應使用個別的容器由噴射式飲水器盛水飲用，不應直接自飲水器飲用食水。
- 3) 如患有上呼吸道感染，應避免直接自噴射式飲水器飲用食水。
- 4) 不要污染噴射式飲水器，例如不要吐痰於飲水器內，或作洗手之用。