

7th Confirmed Case of Human Swine Influenza (Pandemic H1N1 2009) Infection and Preventive Measures

The 7th confirmed case of Human Swine Influenza Infection was reported to the Institute on 28 August 2009. The case involved a BEd student who is now staying at home and has almost fully recovered. She last came back to the Tai Po Campus on 24 August 2009 and the classrooms visited by her had subsequently been thoroughly cleansed with disinfectant. Since over 10,000 cases of human swine influenza (pandemic (H1N1) 2009) have been diagnosed in Hong Kong, you are again cordially reminded to take extra hygiene measures to avoid being infected as well as to curb the transmission of human swine influenza:

- Washing hands frequently;
- Avoiding touching the mouth, nose and eyes;
- Covering nose and mouth when coughing or sneezing;
- Keeping the environment clean and maintaining good ventilation; and
- Avoid visiting crowded or poorly ventilated places.

Staff and students who experience any influenza-like symptoms such as fever, sore throat and cough are advised to put on a surgical mask and seek medical consultation promptly. If being diagnosed with human swine influenza, you should refrain from school/work and **IMMEDIATELY REPORT** to your Faculty/Department as well as the Crisis Management Team (CMT) (please call 29486127 or extension 6127) as soon as possible. If you have any further questions, please contact Mr. Michael Leung, the Secretary of CMT, at 29486127 or extension 6127.

Thank you for your attention and cooperation.

Crisis Management Team

致所有教職員及學生:

第七宗確診人類豬型流感個案及相應之預防措施

本校於2009年8月28日收到第七宗人類豬型流感 (2009年H1N1流感大流行)個案之報告，受感染者為一名就讀本院教育學士課程之學生，現已在家中休養及康復中。她最近於8月24日返回大埔校園，而她曾停留之相關課室亦已徹底消毒。由於在本港確診之人類豬型流感 (2009年H1N1流感大流行)個案已突破10,000宗，為防範受該病毒感染及進一步預防流感傳播，敬請各位加強衛生措施，包括:

- 經常洗手；
- 避免觸摸口、鼻和眼睛；
- 打噴嚏或咳嗽時掩著口；
- 保持環境清潔及室內空氣流通；
- 避免前往人多擠迫或空氣不流通的地方。

若出現發燒、喉痛和咳嗽等流感徵狀，請立即佩戴口罩及到診所求診。若被確診為人類豬型流感，應避免上班或上學，以及**儘早呈報**，通知閣下所屬之學系或部門和危機管理組（可致電29486127或內線6127）。如有任何疑問，請致電29486127或內線6127與危機管理組秘書梁超明先生聯絡。

多謝合作!

危機管理組